



Life's fulfillment comes from true satisfaction and feeling of content. It is the essence of being feeling complete in the journey of life. This comes from understanding the true learning of life in various domains.

## Your Life's Learning & Fulfillment Aspects



### Learning **Emotional** Mastery

40 %

- Objective -** Emotional Mastery, Love & Closeness In Relationship Building.
- Skills Needed -** **Emotional Authenticity, Vulnerability Skills.**
- Understanding -** Love as defined here means the ability to establish & maintain relationships. Discovering the true satisfaction of exploring relationships & bonding's. Experiencing joy at the emotional moment at appropriate intensity completely.

### Learning **Servitude** Mastery

50 %

- Objective -** To Become a Master of Service Consciousness
- Skills Needed -** **Knowing When to Do and When Not to Do For Others.**
- Understanding -** True service comes from desire to help others, Not control them. It Empowers both, the giver and the taker. It feels good regardless of outcome and activity itself is a reward enough.

### Learning **Wisdom** Mastery

- Objective -** To Move From Evaluation to Action.
- Skills Needed -** **Taking The Risk Of Personal Exposure.**
- Understanding -** Wisdom, defined here, means being a participant & not just observer, in life. It includes the willingness to commit and taking risk of putting own self upfront. Includes good judgment without any bias and insight without too rationalization.

### Learning **Peace** Mastery

10 %

- Objective -** To Feel Safe In Your Body and On The Planet.
- Skills Needed -** **Moving From Struggle To Steadiness and Balancing Inner & Outer Worlds.**
- Understanding -** Finding a deep sense of peace within yourself and enjoying being alive. It allows hard work when necessary, but leaves time for family, friends & play. Dealing with responsibilities without creating endless chain of "Emergencies".

"Human Behavior Flows From Three Sources.... Desire, Emotions & knowledge"